

ABOUT TEETH STRAIGHTENING (CLEAR ALIGNERS)



Teeth Straightening (Orthodontics) is a dental specialty focused on aligning and positioning teeth and jaws for both functional and aesthetic improvement. It involves the use of braces, clear aligners (like Invisalign), and other appliances to correct issues such as crowding, gaps, overbites, and underbites. Orthodontic treatment not only enhances the appearance of a smile but also improves oral health by making teeth easier to clean and reducing the risk of gum disease and tooth decay.

ORTHODONTICS

Crooked teeth and teeth that do not fit together correctly are difficult to keep clean and are at risk of being lost early due to tooth decay and gum problems. It can also cause extra stress on the chewing muscles that can lead to headaches, TMJ pain. Teeth that are crooked or not in the right place can also detract from one's appearance. The benefits of orthodontic treatment include a healthier mouth, a more pleasing appearance, and teeth that are more likely to last a lifetime.

[Dr. Sri](#) can determine whether you can benefit from orthodontics. Based on diagnostic tools that include a full medical and dental health history, a clinical exam, plaster models of your teeth, and special X-rays and photographs, Dr. Sri can decide whether orthodontics are recommended and if that's right for you.

What is the right age for braces?

Patients with orthodontic problems can benefit from treatment at any age. An ideal time for placement of braces is between 10 and 14 years of age, while the head and mouth are still growing and teeth are more accessible to straightening. However, because any adjustments in facial appearance can be traumatic to a child during these sensitive years, parents should discuss the matter with their children before braces are applied. And braces aren't just for kids. More and more adults are also wearing braces to correct minor problems and to improve their smiles.

What is Invisalign?

Invisalign® is a more advanced and newer approach to straightening teeth, using a custom-made series of aligners custom created just for you. These trays are made of smooth but firm plastic and sit comfortably and virtually invisible over your teeth. Wearing the aligners will gradually and gently shift your teeth into place, based on pre-planned precise movements your dentist or orthodontist plans out for you. There are no metal brackets to attach and no wires to tighten. You'll achieve a great smile with minimal interference to your daily activities.

For more information about Teeth Straightening (Orthodontics) or to schedule a consultation with Dr. Sri, call our office at [916-781-3737](tel:916-781-3737) or [Request an Appointment Online](#).